Walk Across Ohio

Name________________________

Mile counter chart

Track all of your miles as you cross the state, starting in Cleveland, through Westerville and on to Cincinnati. Each box □ represents one mile for Walk Across Ohio. Track each mile as mile per mile and time spent walking can be counted toward FitQuest at 3 miles for every 30 minutes of walking. Check each box as you accumulate miles on this chart and your FitQuest miles at the FitQuest website: fitquest.Westerville.org. It's a total of 282 miles for Walk Across Ohio.

Walk

Cleveland□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□**Medina**

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Ashland □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ 🡐

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Across

Mount Gilead

Westerville □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□

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□□□□□□□□□□**Grove City**

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Jeffersonville □ **Mount Sterling** □□□□□□□□□□□□□□□

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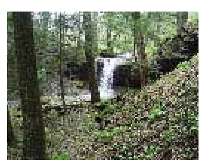

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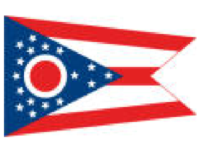
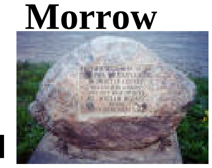
□□□□□□ **Morrow**





Blue Ash □□□□□□□□□□□□□□□□□□□

Cincinnati

□□□□□□□□□

Ohio

You're Finished!