

## **PARKS AND RECREATION DEPARTMENT RECEIVES TWO HEALTHY OHIOANS AWARDS**

Healthy Ohioans is a multi-year, statewide health and wellness initiative of the Ohio Department of Health to increase awareness of the importance of healthy lifestyles and to exchange unhealthy habits for healthy ones-one small step at a time. The ultimate goal of Healthy Ohioans is to improve Ohio's chronic disease rates related to lifestyles. Healthy Ohioans is working to lower Ohio's chronic disease rates by encouraging Ohioans to improve nutrition, increase physical activity, prevent tobacco use and increase tobacco-use cessation. The Westerville Parks and Recreation Department is proud to announce that it won the 2007 Gold Medal Award in the suburban category for Parks and Recreation Agencies and also received the 2007 Gold Medal Award in the Healthy Community category which recognized the efforts of the Westerville Community as a whole to increase awareness of the importance of healthy lifestyles.