

Mike Herron

Mike is a fitness manager for Westerville Parks & Recreation Department. He graduated from the University of Dayton with a BS in Exercise Science and is certified by the National Strength and Conditioning Association as a Certified Strength and Conditioning Specialist. He has over 15 years in the allied health profession and was in Corporate Health and Wellness before coming to Westerville. Mike is also Vice Chair for the Fitness & Wellness Committee for the Ohio Parks & Recreation Association.