

Linda Scovern, MPH, RD, LD

Linda is a Registered, Licensed Dietitian (RD, LD), and holds a Master of Public Health (MPH) degree in Nutrition from The University of North Carolina at Chapel Hill. She has been working in the nutrition field for over twenty five years, and currently is the Coordinator of Healthy Ohioans, with the Ohio Department of Health. Her background includes private practice as well as public health, and her specialty areas are sports nutrition, cardiovascular disease, women's health and wellness. She is a member of The American Dietetic Association and several other professional nutrition organizations, and the American College of Sports Medicine. Additionally, Linda is a NETA certified Personal Trainer, Group Fitness and Pilates Instructor, and teaches fitness classes at four centers during the week.